



Wootton St Andrew's Church of England Primary School

Headteacher Mrs M Radge

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17th March 2026

Dear Parents,

BIKEABILITY - Parent /Carer Consent Form

A practical cycle training course is to take place at school for all Y6 pupils on Thursday 23rd April and Friday 24th April 2026.

Training will **not** be confined to the playground, but will take place on suitable public roads, under the supervision of trained instructors, following a well-established syllabus.

Cycle training is designed to develop road sense, an awareness of danger and to improve your child's ability to ride safely in traffic. It is not designed to teach a non-cyclist how to cycle and if you wish your child to take part, you should ensure that they have **good** balance and control before they embark on the course.

If you wish your child to participate in this training course, please complete the consent form on ParentPay by 29th March 2026.

For your child's safety your child must bring a properly fitted cycle helmet for the duration of the course.

If you wish to use a cycle provided by Bikeability please notify the school office.

Yours faithfully,

Mrs M Radge
Headteacher

Bicycle Checklist

- The bicycle must be in a clean and roadworthy condition and of a suitable size for the rider. If it is not, the trainee may be refused enrolment on the course. The bike should be checked prior to each journey and training session
- Check that both front and back brakes work and the brake pads touch the wheel, not the tyre.
- It is a legal requirement to have two working sets of brakes.
- Check the rider can easily reach the brake levers.
- Check all cables to ensure they are not frayed or about to break.
- Check the bike isn't too big or too small for the rider. The rider's toes should be able to just touch the ground, when sitting on the saddle.
- Check that the seat and handlebars are not raised above their safe limits (there will be a marking showing on the seat or handlebar post).
- Check handlebar end caps are fitted.
- Check the wheels are fixed securely to the bike.
- Check if the tyres are worn or have bulges. Make sure they are pumped up hard, as there is less chance of a puncture.
- Check the handlebars turn smoothly and cannot be twisted out of line.
- Check the pedals spin freely.
- Check that all gears change easily and ensure chain is well oiled. .
- Only carry out adjustments or repairs if you know what to do. If you are unsure, take the bike to a bike shop.