

## Physical Education

At WSA we place a high value on Physical Education (PE). Both staff and pupils regard PE as a key component of the education we provide, with the aim of developing young people into well-rounded individuals who possess a positive attitude towards physical activity and competitive challenges.

Lessons cover the objectives laid out in the national curriculum through the provision of six strands of Physical Education; games, dance, gymnastics, athletics, swimming and outdoor adventurous activities. Lessons that run within these strands are aimed to be diverse and engaging for pupils. Every child in Years 1 to 6 participates in two sessions of Physical Education per week, in both indoor and outdoor learning environments. As well as traditional activities such as; football, gymnastics, netball, tag rugby and hockey, we also run lessons that focus on problem solving and designing your own games. Children in KS2 participate in an eight week block of swimming lessons designed to enhance their water confidence and develop their proficiency in front crawl, breaststroke and backstroke.

Learning in PE lessons focuses on developing a progression of key physical skills and the application of taught skills and tactics into a small game environment. Children are taught to develop balance, coordination and agility as well as an understanding of teamwork, tactics, independence and creativity.

PE at WSA is taught in line with the school's commitment to the SMSC policy. Lessons are designed to allow all children to explore their own abilities and talents in an inclusive environment, regardless of gender, race, age, nationality and physical or mental ability. Pupils are encouraged to sculpt and drive their own learning, harnessing their natural creative instincts and imagination. Team games offer the children opportunities to develop their understanding of rules and consequences. Pupils are expected to develop their own games with their own set of rules, thus applying their learning and boosting their social skills. Sport is of vast cultural importance to Britain. Children at WSA have opportunities to compete in inter-school competitions which gives them a sense of achievement and also develops their role in the wider community and culture of the society in which they live.

WSA employs a Schools Sports Activator who works with children in KS2 during lessons, helps engage the less active during lunch break and runs an after school sports club. This gives children the opportunity to learn from a highly skilled

sports teacher, providing learning that the children can then build on and develop for the rest of their school career.

We also offer two further sporting clubs to further supplement pupils' curricular learning. These are badminton and martial arts both of which are run by quality professionals. In addition to these, equipment and supervision are provided to make break times physically active.

WSA currently holds the School Games Mark Platinum Award for School Sports (granted Nov 2023).